



MAASA Advanced Schedule 2018/19

Schedule Description

- A-19.01 Inverted Triangle loop with roll**
From upright, pull through a $\frac{1}{8}$ loop into a 45° upline, pull through a $\frac{3}{8}$ loop to top baseline, perform one roll, pull through $\frac{3}{8}$ loop into a 45° downline, pull through a $\frac{1}{8}$ loop, exit upright.
- A-19.02 Stall Turn**
From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a stall turn into a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.03 Cuban 8 with $\frac{1}{2}$ roll, $\frac{1}{2}$ roll**
From upright, pull through a $\frac{5}{8}$ loop into a 45° downline, perform a $\frac{1}{2}$ roll, pull through a $\frac{3}{4}$ loop into a 45° downline, perform a $\frac{1}{2}$ roll pull through a $\frac{1}{8}$ loop, exit upright.
- A-19.04 Half square loop with $\frac{1}{2}$ roll**
From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{2}$ roll, push through a $\frac{1}{4}$ loop, exit upright.
- A-19.05 Spin with 3 turns**
From upright, perform a spin with 3 turns, perform a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.06 Reverse Sharks Tooth, $\frac{1}{2}$ roll on 45° upline**
From upright, pull through a $\frac{1}{8}$ loop into a 45° upline, perform a $\frac{1}{2}$ roll, pull through a $\frac{3}{8}$ loop into a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.07 Figure 9 with $\frac{1}{2}$ roll**
From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{2}$ roll, push through a $\frac{3}{4}$ loop, exit inverted.
- A-19.08 Push-Pull-Pull Humpy-Bump (Option: with $\frac{1}{4}$ roll, $\frac{1}{4}$ roll)**
From inverted, push through a $\frac{1}{4}$ loop into a vertical upline, pull through a $\frac{1}{2}$ loop into a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright
Option: From inverted, push through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{2}$ loop into a vertical downline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.09 Stall Turn with $\frac{1}{4}$ roll, $\frac{1}{4}$ roll**
Pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{4}$ roll, perform a stall turn into a vertical downline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.10 Half Reverse Cuban 8 with $\frac{2}{4}$ roll**
Pull through a $\frac{1}{8}$ loop into a 45° upline, perform consecutively two $\frac{1}{4}$ rolls, pull through a $\frac{5}{8}$ loop, exit upright.
- A-19.11 Straight Line with full roll, full roll opposite**
From upright, perform two full rolls in opposite directions, exit upright.
- A-19.12 Immelman Turn with $\frac{1}{2}$ roll**
From upright, pull through a $\frac{1}{2}$ loop, perform a $\frac{1}{2}$ roll, exit upright
- A-19.13 Outside Loop with Snap Roll at top**
From upright, push through a loop, perform a snap roll at the completion of the loop (top), exit upright.
- A-19.14 Half Square Loop with $\frac{1}{2}$ roll**
From upright, push through a $\frac{1}{4}$ loop into a vertical downline, perform a $\frac{1}{2}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.
- A-19.15 Four Point Roll**
From upright, perform a 4-point roll, exit upright.
- A-19.16 Half Cuban 8 with $\frac{1}{2}$ roll**
From upright, pull through a $\frac{5}{8}$ loop into a 45° downline, perform a $\frac{1}{2}$ roll, exit upright.
- A-19.17 Square Loop with $\frac{1}{2}$ roll on Legs 1 & 3**
From upright perform a square loop, perform a $\frac{1}{2}$ roll in leg 1, perform a $\frac{1}{2}$ roll in leg 3, exit upright.