



MAASA Masters / F3A P-Schedule 2022/23

Schedule Description

	K-Factor
P-23.01 Top Hat with two quarter rolls up, half roll, two quarter rolls down	4
From upright pull through a quarter loop into a vertical upline, perform consecutively two quarter rolls, pull through quarter loop, perform a half roll, push through a quarter loop into a vertical downline, perform consecutively two quarter rolls, push through a quarter loop, exit inverted.	
P-23.02 Half Square Loop with half roll	2
From inverted, push through a quarter loop into a vertical upline, perform a half roll, pull through a quarter loop, exit inverted.	
P-23.03 Pull-Pull-Push Humpty-Bump with roll, half roll	4
From inverted, fly past center pull through a quarter loop into a vertical downline, perform a roll, pull through a half loop into a vertical upline, perform a half roll, push through a quarter loop, exit upright.	
P-23.04 Half Square Loop on Corner with half roll, half roll	3
From upright, push through a one eighth loop into a forty five degree downline, perform a half roll, pull through a quarter loop into a forty five degree downline, perform a half roll, push through a one eighth loop, exit inverted.	
P-23.05 Forty Five Degree Upline, with one and a half snap roll	5
From inverted, push through a one eighth loop into a forty five degree upline, perform one and a half snap roll, push through a one eighth loop, exit upright.	
P-23.06 Half Eight Sided Loop	3
From upright push through a one eighth loop into a forty five degree downline, push through a one eighth loop into a vertical downline, push through a one eighth loop into a forty five degree downline, push through a one eighth loop, exit inverted.	
P-23.07 Roll Combination with two consecutive half rolls, two consecutive half rolls in opposite direction	4
From inverted perform consecutively two half rolls, two half rolls in opposite direction, exit inverted.	
P-23.08 Pushed Immelman Turn with half roll	2
From inverted push through a half loop, perform a half roll, exit inverted.	
P-23.09 Inverted Spin two and a half turns	4
From inverted, perform an inverted spin with two and a half turns, perform a vertical downline, pull through a quarter loop, exit upright.	
P-23.10 Pull-Pull-Push Humpty-Bump, with half rolls. (Option: three quarter roll, quarter roll)	3
From upright, pull through a quarter loop into a vertical upline, perform a half roll, pull through a half loop into a vertical downline, perform a half roll, push through a quarter loop, exit inverted. Option: From upright pull through a quarter loop into a vertical upline, perform a three quarter roll, pull through a half loop into a vertical downline, perform a quarter roll, push through a quarter loop, exit inverted. Option: From inverted, push through a ¼ loop into a vertical upline, perform a ¾ roll, push through a ½ loop into a vertical downline, perform a ¼ roll, push through a ¼ loop, exit inverted.	
P-23.11 Reverse Figure ET with two consecutive half rolls in opposite direction, two consecutive quarter rolls	4
From inverted push through a one eighth loop into a forty five degree upline, perform consecutively two half rolls in opposite direction, pull through a seven eighths loop to a vertical upline, perform consecutively two quarter rolls, push through a quarter loop, exit upright. Note: The vertical line must be in the center	
P-23.12 Half Square Loop with half roll	2
From upright push through a quarter loop into a vertical downline, perform a half roll, pull through a quarter loop, exit upright.	
P-23.13 Crossbox Figure M, with three quarter rolls	5
From upright pull through a quarter loop into a vertical upline, perform a three quarter roll, perform a stall turn into a vertical downline, push through a half loop into a vertical upline, perform a stall turn to a vertical downline, perform a three quarter roll, pull through a quarter loop, exit upright.	
P-23.14 Fighter Turn with quarter rolls	4
From upright pull through a one eighth loop into a forty five degree upline, perform a quarter roll, push through a half knife-edge circle into a forty five degree downline, perform a quarter roll, pull through a one eighth loop, exit upright.	
P-23.15 Triangle with half roll, two consecutive quarter rolls, two consecutive quarter rolls, half roll	3
From upright perform a half roll in the centre, push through a three eighths loop into a forty five degree upline, perform consecutively two quarter rolls, pull through quarter loop into a forty five degree downline, perform consecutively two quarter rolls, push through a three eighths loop, perform a half roll in the centre, exit upright.	
P-23.16 Shark Fin with half roll, two consecutive quarter rolls	3
From upright pull through a quarter loop into a vertical upline, perform a half roll, push through a three eighths loop into a forty five degree downline, perform consecutively two quarter rolls, push through a one eighth loop, exit inverted.	
P-23.17 Loop with half roll integrated	5
From inverted push through a loop while integrating a half roll over the top ninety degrees, exit upright.	